



# Cautions



**Wearing a mask will be left to the customer's judgement.**

\*Some events require you to wear a mask.

\*From the viewpoint of manners and other infectious disease prevention, if an employee determines that it is necessary to wear a mask, such as coughing, we may ask you to wear a mask.

**SPA EAS does not allow admission of the following persons.**

**“ The staff may speak to you ”**



Lockers, powder rooms, bathrooms  
Use of mobile phones, smartphones, etc.



Those with body art  
(tattoos, paints, stickers, etc.)



Those bringing in food  
and drinks



Those exiting in the middle  
of their stay to come back



Shooting outside the  
photo spot



Those under 18 years old



Those who are intoxicated

**Please use the lockers on the 4th floor for large baggage  
that won't fit in the locker.**

**Click here for advance tickets**





# Business Hours

**9 : 30 ~ 23 : 00**

**Last Admission 21 : 30**

**Bath** **Until 22 : 30**

**Bedrock Spa &  
Certain Resting Space** **Until 22 : 00**

**EAS CAFÉ** **Until 22 : 30**

※Last Call for Food 22 : 00 / Last Call for Drinks (Alcohol included) 22 : 30

**Restaurant** **Until 22 : 00**

※Last Call for Food 21 : 15 / Last Call for Drinks (Alcohol included) 21 : 30

**Spa Treatment & Body Care** **Until 22 : 00**

※For more information on last call, please contact each shop



# Price Information

【 Weekdays 】

Regular Admission Fees **2,770 JPY**

Members' Admission Fees **2,660 JPY**

Short Stay 150 **2,200 JPY**  
※150 minutes plan

**Weekdays only** Sauna Plan 90 **1,540 JPY**  
※90 minutes plan

**Weekdays only** Workation EAS! **2,200 JPY**

Holiday & Weekend Surcharge included

Consumption tax and JPY100 bath tax included



# Price Information

【Holidays & Weekends】

Regular Admission Fees

**3,320 JPY**

Members' Admission Fees

**3,210 JPY**

Short Stay 150

150 minutes plan

**2,750 JPY**

**Holiday & Weekend Surcharge included**

**Consumption tax and JPY100 bath tax included**



## Regular Admission Fees

Hours/All Day 9:30~23:00



**2,770** JPY



**3,320** JPY

- Natural hot spring, bedrock sauna, sauna wear and towel set (large and small) included
- Tax included



# Members' Admission Fees

Hours/All Day 9:30~23:00



**2,660** JPY



**3,210** JPY

- Natural hot spring, bedrock spa, sauna wear and towel set (large and small) included
- Tax included



# Short Stay 150

Hours/All Day 9:30 – 23:00

Usage time is limited to 150 minutes



**2,200** JPY



**2,750** JPY

- Natural hot spring, bedrock spa, sauna wear and towel set (large and small) included
- Tax included

※JPY570 additional fee will be charged automatically after 150 minutes  
※You may not change your plan after entry



## Weekdays Only

# Sauna Plan 90

Hours/Monday~Friday 9:30 - 23:00



Usage time is limited to 90 minutes



# 1,540 JPY

- Towel set included. Sauna wear is not available.
- Tax included

※JPY500 additional fee will be charged automatically after 90 minutes.

After which JPY500 will be charged every 30 minutes, with the maximum limit at JPY2,540

※You may not change your plan after entry

※Cannot be used in conjunction with Men's Day Special Offer





Perfect for  
remote  
working!!

Weekdays Only

# Workation EAS!

Hours/Monday~Friday 9:30 - 23:00



During your stay in the facility,  
please wear the sauna wear provided

## 2,200 JPY

- Sauna wear and towel set included
- Tax included

### Allowed area

- Bath ● 5th & 6th Floor Co-Working ● 5th & 6th Floor Resting Space
- Restaurant/Café ● Spa Treatment & Body Care Shop

※ Bedrock spa, low-temperature sauna (Gensho), cool down room (Suzukaze), 7th Floor Area are restricted.

※ You will be required to wear the sauna wear provided.





# Workation EAS!

## Usage Information

Certain restrictions apply under this plan  
Please see below for the details

### ○ Allowed Area

- **Co-Working Space**  
(5th & 6th Floor)  
\*Outlets and Wi-Fi available
- **Bath (5th Floor)**
- **Resting Space (5th Floor)**
- **Restaurant/Café**
- **Spa Treatment Shop**

### × Restricted Area

- **Bedrock sauna**  
(6th & 7th Floor)
- **Low-temperature Sauna**  
(Gensho)
- **Suzukaze**
- **7th Floor Area**

Guests are allow to participate in the stretch event free of charge at Gran Scala on the 6th floor

## Other Precautions

During your stay in the facility, please wear the sauna wear provided (Additional sauna wear is available at the price of ¥300)  
Our staff will approach you if you are utilizing any restricted area

Please do not use your personal belongings to reserve a spot.  
As a theft-prevention measure, personal belonging will be taken into storage by our staff if it is left unattended for a certain amount of time.



# Workation EAS!

## Usage Information

Sauna Wear Size Chart for Men		
	Height	Waist
M Size	~175cm	~85cm
L Size	~180cm	~95cm
2L Size	~185cm	~105cm



Sauna Wear Size Chart for Women		
	Japanese Size	Waist
M Size	~9	~65cm
L Size	~11	~75cm
2L Size	~13	~85cm



### <Return & Exchange of Sauna Wear>

- Return & exchange can be done at the Wear Counter on the 5th Floor
- Exchange Fee : ¥300 (Towel Set Included)



# Room Wear Guide

Please wear the room wear in all areas except in the baths.

## WOMEN

## MEN



IvanaHelsinki  
**Salopette Type A**

(Jumpsuit / Overalls)

S/M/L



IvanaHelsinki  
**Two Piece Type B**

Adjustable to your body

S/M/L/XL/XXL



**Pullover Type**

Adjustable waistband

Free size/2L/XL/XXL

Ivana Helsinki  
**IvanaHelsinki**

A popular brand from Finland where saunas originated. It is the only Nordic women's clothing brand that has officially participated in the Paris Fashion Week. This women's room wear is Ivana Helsinki's first collaboration with a Japanese hot spring facility.

\*Guests are free to wear their underwear under the room wear.

\*Please use the clothing bag to carry towels and your belongings.





# Regarding Sauna Wear

## Exchange

Sauna Wear Set	Bath Towel
¥300 (Tax included)	¥130 (Tax included)

Face towel can be exchanged as many times as needed free of charge

## Return

Please return the sauna wear to the Wear Counter

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### Amenities available at the wear counter

Provided Free  
of Change

Hair Tie / Razor / Shower Cap / Tooth Brush / Ear Plug

Available for  
Rental Free of  
Change

2Way Hair Iron



# About the Locker Room Keys

## How to Use the Locks

Place the numbers on the wristband against the ellipse on the locker. It will click and open.



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## Precautions

- \*The locks are on auto-lock. Please be careful.
- \*You are responsible for the wristbands.
- \*If you lose a wristband, you will be charged a **¥10,000** fee, so please make sure not to lose it.
- \*If the shoe locker key is lost, the loss fee is **¥5,000**.



Popular Even

# Löyly Guide

Löyly is a service of pouring aroma-infused water over the sauna stone to increase the amount of steam at once, in order to induce sweating!

## Schedule

Held 10 times daily (About 8 minutes each time), Capacity: 35 persons

First Time 11:00~

Second Time 12:00~

Third Time 13:00~

Fourth Time 14:00~

Fifth Time 15:00~

Sixth Time 16:00~

Seventh Time 17:00~

Eighth Time 18:00~

Ninth Time 19:00~

Tenth Time 20:00~

※Limited löyly events may be held.

A handsome löyly performer,

**L-BLO**  
will be waiting!



 SPA EAS



# Bedrock Sauna



## Menou



9:30~22:00

A fantastic bedrock sauna filled with colorful and beautiful agate stones. A fantastic bedrock sauna filled with colorful and beautiful agate stones.

## Hibi



9:30~22:00

A spacious bedrock sauna where you can feel relaxation and calmness just like looking into the fire crackling in the fireplace.



## Shuren



9:30~22:00  
(Women only)

A ladies-only sauna that uses germanium ores, characterized by its Asian taste interior decorating and the contrast created by the pale pink lighting.



- \*Please wear the room wear
- \*Please cover the bed with a bath towel or bedrock sauna towel (additional ¥180) when using. (In order to prevent low-temperature burns)
- \*Please do not use mobile phones. \*Please be quiet in the bedrock sauna.



# Floor Directory

## 5F Bath & Lounge



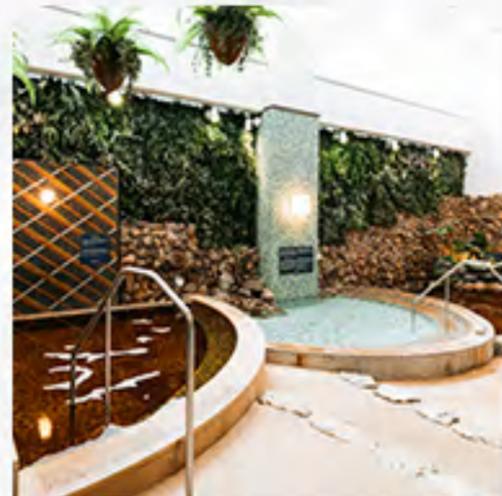
### Relaxation Lounge

9 : 30 ~ 22 : 45



### Venus Lounge

9 : 30 ~ 22 : 45



### Bath

9 : 30 ~ 22 : 30

## 5F · 6F Restaurant & Café



### EAS CAFE

10 : 00 ~ 22 : 30

Last Call for Food : 22 : 00

Last Call for Drinks (Alcohol included)  
22 : 30



### Umakamon-Ya

11 : 00 ~ 22 : 00

Last Call for Food : 21 : 15

Last Call for Drinks (Alcohol included)  
21 : 30



Popular Even

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# Floor Directory

## 6F Relaxation Space



**Gran Scala**

9 : 30 ~ 22 : 00



**Suzukaze**

9 : 30 ~ 22 : 00

## 7F Relaxation Space



**Eikirou**

9 : 30 ~ 22 : 00



**The Comics Corner**

9 : 30 ~ 22 : 00