



Cautions



Wearing a mask will be left to the customer's judgement.

*Some events require you to wear a mask.

*From the viewpoint of manners and other infectious disease prevention, if an employee determines that it is necessary to wear a mask, such as coughing, we may ask you to wear a mask.

SPA EAS does not allow admission of the following persons.

“ The staff may speak to you ”



Lockers, powder rooms, bathrooms
Use of mobile phones, smartphones, etc.



Those with body art
(tattoos, paints, stickers, etc.)



Those bringing in food
and drinks



Those exiting in the middle
of their stay to come back



Shooting outside the
photo spot



Those under 18 years old



Those who are intoxicated

Please use the lockers on the 4th floor for large baggage
that won't fit in the locker.



Business Hours

9 : 30 ~ 23 : 00

Last Admission 21 : 30

Bath

Until 22 : 30

**Bedrock Spa &
Certain Resting Space**

Until 22 : 00

EAS CAFÉ

Until 22 : 30

※Last Call for Food 22 : 00 / Last Call for Drinks (Alcohol included) 22 : 30

Restaurant

Until 22 : 00

※Last Call for Food 21 : 15 / Last Call for Drinks (Alcohol included) 21 : 30

Spa Treatment & Body Care

Until 22 : 00

※For more information on last call, please contact each shop



Price Information

【 Weekdays 】

Regular Admission Fees

2,770 JPY

Members' Admission Fees

2,660 JPY

Short Stay 150

※150 minutes plan

2,200 JPY

Weekdays
Only

Sauna Plan 90

※90 minutes plan

1,540 JPY

Weekdays
Only

Workation EAS!

2,200 JPY

Holiday & Weekend Surcharge included

Consumption tax and JPY100 bath tax included



Price Information

【Holidays & Weekends】

Regular Admission Fees

3,320 JPY

Members' Admission Fees

3,210 JPY

Short Stay 150

150 minutes plan

2,750 JPY

Holiday & Weekend Surcharge included

Consumption tax and JPY100 bath tax included



Regular Admission Fees

Hours/All Day 9:30~23:00



2,770 JPY



3,320 JPY

- Natural hot spring, bedrock sauna, sauna wear and towel set (large and small) included
- Tax included



Members' Admission Fees

Hours/All Day 9:30~23:00



2,660 JPY



3,210 JPY

- Natural hot spring, bedrock spa, sauna wear and towel set (large and small) included
- Tax included



Short Stay 150

Hours/All Day 9:30 – 23:00



Usage time is limited to 150 minutes



Weekday
Rates

2,200 JPY



Holiday &
Weekend Rates

2,750 JPY

- Natural hot spring, bedrock spa, sauna wear and towel set (large and small) included
- Tax included

※JPY570 additional fee will be charged automatically after 150 minutes
※You may not change your plan after entry



Weekdays Only Sauna Plan 90

Hours/Monday~Friday 9:30 - 23:00



Usage time is limited to 90 minutes



1,540 JPY

- Towel set included. Sauna wear is not available.
- Tax included

※JPY500 additional fee will be charged automatically after 90 minutes.

After which JPY500 will be charged every 30 minutes, with the maximum limit at JPY2,540

※You may not change your plan after entry

※Cannot be used in conjunction with Men's Day Special Offer



SPA EAS



Perfect for
remote
working!!

Weekdays Only

Workation EAS!

Hours/Monday~Friday 9:30 - 23:00



During your stay in the facility,
please wear the sauna wear provided



2,200 JPY

- Sauna wear and towel set included
- Tax included

Allowed area

- Bath ● 5th & 6th Floor Co-Working ● 5th & 6th Floor Resting Space
- Restaurant/Café ● Spa Treatment & Body Care Shop

※ Bedrock spa, low-temperature sauna (Gensho), cool down room (Suzukaze), 7th Floor Area are restricted.

※ You will be required to wear the sauna wear provided.





Workation EAS!

Usage Information

Certain restrictions apply under this plan
Please see below for the details

○ Allowed Area

- Co-Working Space
(5th & 6th Floor)
*Outlets and Wi-Fi available
- Bath (5th Floor)
- Resting Space (5th Floor)
- Restaurant/Café
- Spa Treatment Shop

× Restricted Area

- Bedrock sauna
(6th & 7th Floor)
- Low-temperature Sauna
(Gensho)
- Suzukaze
- 7th Floor Area

Guests are allow to participate in the stretch event free of charge at Gran Scala on the 6th floor

Other Precautions

During your stay in the facility, please wear the sauna wear provided
(Additional sauna wear is available at the price of ¥300)
Our staff will approach you if you are utilizing any restricted area

Please do not use your personal belongings to reserve a spot.
As a theft-prevention measure, personal belonging will be taken into storage by our staff if it is left unattended for a certain amount of time.





Workation EAS!

Usage Information

Sauna Wear Size Chart for Men		
	Height	Waist
M Size	~175cm	~85cm
L Size	~180cm	~95cm
2L Size	~185cm	~105cm



Sauna Wear Size Chart for Women		
	Japanese Size	Waist
M Size	~ 9	~65cm
L Size	~11	~75cm
2L Size	~13	~85cm



<Return & Exchange of Sauna Wear>

- Return & exchange can be done at the Wear Counter on the 5th Floor
- Exchange Fee : ¥300 (Towel Set Included)



Room Wear Guide

Please wear the room wear in all areas except in the baths.

WOMEN		MEN
		
IvanaHelsinki Salopette Type A	IvanaHelsinki Two Piece Type B	Pullover Type
(Jumpsuit / Overalls)	Adjustable to your body	Adjustable waistband
S/M/L	S/M/L/XL/XXL	Free size/2L/XL/XXL

Ivana Helsinki
IvanaHelsinki

A popular brand from Finland where saunas originated. It is the only Nordic women's clothing brand that has officially participated in the Paris Fashion Week. This women's room wear is Ivana Helsinki's first collaboration with a Japanese hot spring facility.

*Guests are free to wear their underwear under the room wear.

*Please use the clothing bag to carry towels and your belongings.





Regarding Sauna Wear

Exchange

Sauna Wear Set	Bath Towel
¥300 (Tax included)	¥130 (Tax included)

Face towel can be exchanged as many times as needed free of charge

Return

Please return the sauna wear to the Wear Counter

Amenities available at the wear counter

Provided Free
of Charge

Hair Tie / Razor / Shower Cap / Tooth Brush / Ear Plug

Available for
Rental Free of
Change

2Way Hair Iron



About the Locker Room Keys

How to Use the Locks

Place the numbers on the wristband against the ellipse on the locker. It will click and open.



Precautions

- *The locks are on auto-lock. Please be careful.
- *You are responsible for the wristbands.
- *If you lose a wristband, you will be charged a **¥10,000** fee, so please make sure not to lose it.
- *If the shoe locker key is lost, the loss fee is **¥5,000**.



Popular Even



Löyly Guide

Löyly is a service of pouring aroma-infused water over the sauna stone to increase the amount of steam at once, in order to induce sweating!

Schedule

Held 10 times daily (About 8 minutes each time), Capacity: 35 persons

First Time 11:00~

Second Time 12:00~

Third Time 13:00~

Fourth Time 14:00~

Fifth Time 15:00~

Sixth Time 16:00~

Seventh Time 17:00~

Eighth Time 18:00~

Ninth Time 19:00~

Tenth Time 20:00~

※Limited löyly events may be held.

A handsome löyly performer,

L-BLO
will be waiting!



SPA EAS



Bedrock Sauna



Menou



9:30~22:00

A fantastic bedrock sauna filled with colorful and beautiful agate stones.
A fantastic bedrock sauna filled with colorful and beautiful agate stones.

Hibi



9:30~22:00

A spacious bedrock sauna where you can feel relaxation and calmness just like looking into the fire crackling in the fireplace.



Shuren



9:30~22:00
(Women only)

A ladies-only sauna that uses germanium ores, characterized by its Asian taste interior decorating and the contrast created by the pale pink lighting.

*Please wear the room wear

*Please cover the bed with a bath towel or bedrock sauna towel (additional ¥180) when using. (In order to prevent low-temperature burns)

*Please do not use mobile phones. *Please be quiet in the bedrock sauna.



Floor Directory

5F Bath & Lounge



Relaxation Lounge

9 : 30 ~ 22 : 45



Venus Lounge

9 : 30 ~ 22 : 45



Bath

9 : 30 ~ 22 : 30

5F • 6F Restaurant & Café



EAS CAFE

10 : 00 ~ 22 : 30

Last Call for Food : 22 : 00

Last Call for Drinks (Alcohol included)
22 : 30



Umakamon-Ya

11 : 00 ~ 22 : 00

Last Call for Food : 21 : 15

Last Call for Drinks (Alcohol included)
21 : 30





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Floor Directory

6F Relaxation Space



Gran Scala

9 : 30 ~ 22 : 00



Suzukaze

9 : 30 ~ 22 : 00

7F Relaxation Space



Eikirou

9 : 30 ~ 22 : 00



The Comics Corner

9 : 30 ~ 22 : 00